

Sibley Parks & Recreation Department

2020 Fall Recreation Guide

www.sibleyiowa.net/sibley/recreation



1st-2nd Volleyball

COED GRADES 1ST & 2ND

The volleyball program for 1st and 2nd graders will teach the fundamentals of the game. They will learn and develop their skills of the game through drills and other activities.

VOLUNTEER HELPERS & COACHES ARE NEEDED!

FEE: \$20
DAYS/DATES: Mondays AND Thursdays
September 10 – October 1
TIME(S): 3:30 – 4:10PM
LOCATION: S-O Elementary Gym
DEADLINE: September 4, 2020

5th & 6th Volleyball

GIRLS GRADES 5TH & 6TH

The volleyball program for 5th and 6th graders will teach the fundamentals of the game and develop more game play. There will be games on Saturdays with a league to help the girls gain more experience. A numbered "uniform" t-shirt will be provided to each participant to keep in 5th & 6th volleyball to be worn for the games. Please circle the size needed on the registration form.

FEE: \$30
DAYS/DATES: Mondays AND Thursdays
September 10 – October 10
TIME(S): 5:00 – 6:00PM
LOCATION: S-O Elementary Gym
DEADLINE: September 4, 2020

3rd-4th Volleyball

GIRLS GRADES 3RD & 4TH

The volleyball program for 3rd & 4th graders will teach the fundamentals of the game and begin to develop game like situations. They will learn and develop their skills of the game.

FEE: \$20
DAYS/DATES: Mondays AND Thursdays
September 10 – October 1
TIME(S): 4:15 – 5:00PM
LOCATION: S-O Elementary Gym
DEADLINE: September 4, 2020

Halloween Costume Candy Dash, 5k/10k Glow Run & Walk

ALL AGES!

The Sibley Chamber and Sibley Parks & Rec is hosting the 2nd annual Halloween event! The events will consist of a .75 mile costume run/walk candy dash for ages 3-10 and a glow 5k or 10K Run or Walk for all ages! Event shirts are included with registrations.

FEE: \$15 Candy Dash (Ages 3-10)
\$25 5k/10K Glow Run or Walk
\$65 Family Rate (4 immediate family members)
DAYS/DATES: Friday, October 23
TIME(S): 7:30PM Candy Dash
8:00PM 5k/10K Run and Walk
LOCATION: Registrations will take place at S-O Elem Gym
DEADLINE: October 12, 2020 (Deadline to guarantee a shirt the day of the event.)

1st-3rd Flag Football

COED GRADES 1ST – 3RD

All participants will learn the basics of the game of football through drills and game play.

VOLUNTEER HELPERS & COACHES ARE NEEDED!

FEE: \$20
DAYS/DATES: Mondays
September 14 – October 12
TIME(S): 6:15 – 7:00pm
LOCATION: Soccer fields west of fairgrounds
DEADLINE: September 9, 2020

Chess

There will not be chess until January. Thank you!

Parent's Last Name	Father/Mother			Email	
Address	Home Phone			Cell Phone	
PARTICIPANTS NAME	GRADE	ANY KNOWN MEDICAL CONDITION	M/F	ACTIVITY	COST
Please circle 5 th /6 th Volleyball shirt size - YS YM YL YXL S M L XL		I am interested in coaching an activity or volunteering for 5 th quarter. (Please list activity & name below)			

Waiver or Release of Liability: I hereby certify that my child is in normal health and capable of safe participation in the City of Sibley Recreation Program. I assume all risks and hazards incidental to the conduct of the Recreation Department programs, and I agree not to hold the City of Sibley, the Recreation Department, employees, volunteers, and sponsors responsible for any injury that may occur during the participation of Sibley Recreation Programs. I hereby authorize the Sibley Recreation Department to obtain medical treatment, for my child, in the event that the parent/guardian or emergency contact cannot be reached. I affirm that I am voluntarily allowing my child to participate in the City of Sibley Recreation Programs and acknowledge that there are inherent risks in participating that cannot be eliminated even when the greatest care is taken. I know, understand, and appreciate these inherent risks. I also grant permission to have photos/videos taken of my child during recreation events which may be posted on Sibley Rec social media sites and newspapers. I give permission to keep this signature on file for all future program registrations.

X _____
(Signature of parent/guardian)

5th Quarter Donations \$ _____

-----Cut & Return to Rec Department-----

Kickball

COED GRADES 3RD - 6TH

It's time for some kickball! There are many different ways to play kickball and we will explore a couple of them. All elementary participants may meet in the gym first and everyone will walk over to the park together. Middle school students can meet us at the park. Please pick up your child at the park after.

FEE: \$10
DAYS/DATES: Wednesdays
 October 7 - 28
TIME(S): 2:35pm - 3:30pm
LOCATION: Central Park
DEADLINE: October 2, 2020

Gaga Ball

COED GRADES 2ND - 6TH

Gaga ball is played similar to dodgeball but below the knee. It is a fun game for all ages. All elementary participants may meet in the gym first and everyone will walk over to the park together. Please pick up your child at the park after.

FEE: \$10
DAYS/DATES: Wednesdays
 September 9 - 30
TIME(S): 2:35 - 3:15pm
LOCATION: Central Park
DEADLINE: September 4, 2020

Ways to Register

- Please fill out this form or the online form
- Return form & payment to S-O Elementary, Middle School or Park & Rec Director
- Sibley Parks & Rec Director - Sara Berndgen
712-754-2330
sibley.rec@gmail.com
- Mail or drop off at the City of Sibley
808 3rd Avenue Sibley, IA 51249
- \$5 late fee applies after the deadline
- No refunds will be made after the first week unless the program has been cancelled.

5th Quarter

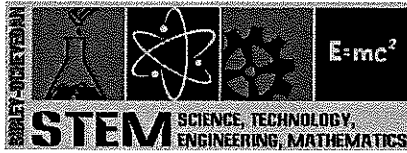
COED GRADES 5th-6th & 7th-8th

Middle school students are welcome to come to the Legion Hall for food and games after the listed Friday night home football and basketball games. *We ask the students to respect the facility, volunteers, equipment, and pick up after themselves.*

4 Adult volunteers are needed each night of 5th quarter. It may be cancelled if there are not enough volunteers.

DAYS/DATES: Fridays **9:30-11pm**
 5th & 6th: Sept. 4, Oct. 2, Jan. 8
 7th & 8th: Sept. 25, Dec. 18, Jan. 29

LOCATION: Sibley Legion Hall



“Race for STEM”

Fall 2020 STEM Academy

Sibley Rec Department/Osceola County Extension STEM Program

When: Saturday, September 19th, 2020

Where: S-O High school chemistry/physics lab

Who: grades 3-6

Time: 9:00 am – 2:00 pm

Lunch provided by Pizza Hut

Cost: \$20 (parents encouraged to attend—for free!)

Contact: Mike Wedge, STEM co-coordinator, mwedge@thegenerals.org

Description: “Race for STEM” is all about moving objects! Among the activities will be SpherO and Easy Roller Races, Thrust Wars (make a fast moving balloon rocket), create a Wiggle Bot Challenge and participate in the Sibley 500 (Remote controlled race car where you determine the car’s speed and horsepower).

Sibley STEM strongly urges parents to attend! We want parents to participate in STEM sessions by asking questions, recording data and helping participants work together.

Sibley STEM is a program designed to encourage and develop young scientists and engineers’ minds. We are partially funded through a generous grant from the Osceola Community Foundation.

Please fill out the information below and return to the Sibley Parks & Recreation Department. Drop off locations – S-O Elementary or Middle School office, City of Sibley, parks & rec director.

CHILDS NAME: _____

GRADE: _____

PARENTS/GUARDIANS: _____

PHONE #: _____

Please choose ALL that apply:

YES! My child/children will attend.

How many? ____

YES! I will attend (and eat) with my child/children.

NO, I will not attend with my child/children.

We’re selling STEM t-shirts! Please indicate size! \$10/shirt.

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