

# Sibley Parks & Recreation Department

## 2022 - 2023 Winter Recreation Guide

[www.sibleyiowa.net/sibley/recreation](http://www.sibleyiowa.net/sibley/recreation)



### Basketball Reversible Jersey

A reversible jersey is required to wear for 5<sup>th</sup> & 6<sup>th</sup> grade basketball games. A new jersey may be purchased for your child to keep for \$23. The 3<sup>rd</sup> & 4<sup>th</sup> grade is encouraged to purchase one to wear for the basketball scrimmages. If you would like to purchase a used one please contact the Park & Rec Director. (Limited available)

If you have old jerseys (Generals basketball design) that no longer fit the rec department would gladly take them or trade them with a different size for a discount.

**New Jersey Cost: \$23**

### Kindergarten Basketball

The co-ed kindergarten basketball program will focus on basic concepts and fundamentals of basketball.

**FEE:** \$15  
**DAYS/DATES:** Tuesdays AND Thursdays  
**November 1 - 17**  
**TIME:** 3:30 - 4:00PM  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** October 28, 2022

### 1<sup>st</sup>-2<sup>nd</sup> Basketball

The basketball program for 1<sup>st</sup> and 2<sup>nd</sup> graders will teach the fundamentals of the game. They will learn and develop their skills of the game through drills and other activities.

**VOLUNTEER COACHES & HELPERS NEEDED FOR 1<sup>ST</sup>/2<sup>ND</sup> GIRLS!**  
*(Coaches receive a free registration for their child in the grade they coach.)*

**FEE:** \$20  
**DAYS/DATES:** Tuesdays AND Thursdays  
**January 24 - February 16**  
**TIME(S):** 1<sup>st</sup> BOYS: 3:20 - 4:00PM  
1<sup>st</sup> & 2<sup>nd</sup> GIRLS: 4:00 - 4:45PM  
**COACHES NEEDED**  
2<sup>nd</sup> BOYS: 4:45 - 5:30PM  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** January 17, 2023

### 3<sup>rd</sup> - 4<sup>th</sup> Basketball

The basketball program for 3<sup>rd</sup> and 4<sup>th</sup> graders will continue to focus on the fundamentals of the game. They will learn and develop their basketball skills and grow as a player throughout the season. Third and fourth graders will begin to develop more game play through scrimmages with area towns.

**VOLUNTEER COACHES & HELPERS NEEDED FOR 4<sup>th</sup> BOYS!**  
*(Coaches receive free registration for their child in the grade they coach.)*

**FEE:** \$30  
**DAYS/TIME(S):** 3<sup>rd</sup>/4<sup>th</sup> GIRLS: **November 29 - January 19**  
Tuesday AND Thursday  
5:30 - 6:30PM  
3<sup>rd</sup> BOYS: **November 29 - January 19**  
Tuesday AND Thursday  
6:30 - 7:30PM  
4<sup>th</sup> BOYS: **November 29 - January 18**  
Tuesday 3:30 - 4:30PM AND  
Wednesday 2:30 - 3:30PM or TBD  
**COACHES NEEDED**  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** November 21, 2022

### 5<sup>th</sup> & 6<sup>th</sup> Basketball

The youth basketball program will continue to focus on the fundamentals of the game. They will learn and develop their basketball skills and develop as a player throughout the season. Fifth and Sixth graders are apart of a league with local towns.

Parent involvement is a necessity at the league games to help keep book & time clock. **VOLUNTEER COACHES & HELPERS NEEDED FOR 5<sup>TH</sup> GIRLS & 5<sup>TH</sup> BOYS!** *(Coaches receive a free registration for their child in the grade they coach.)*

**FEE:** \$30  
**DAYS/TIME(S):** 5<sup>th</sup> GIRLS: **November 7 - January 21**  
Monday AND Thursday 3:30 - 4:30PM or TBD  
**COACHES NEEDED**  
6<sup>th</sup> GIRLS: **November 7 - January 21**  
Monday 6:30 - 7:30PM AND  
Wednesday 4:00 - 5:00PM  
5<sup>th</sup> BOYS: **November 7 - January 21**  
Monday 5:30 - 6:30PM AND  
Tuesday 4:30 - 5:30PM or TBD  
**COACHES NEEDED**  
6<sup>th</sup> BOYS: **November 7 - January 21**  
Monday AND Thursday 4:30 - 5:30PM  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** November 2, 2022

Parent's or Guardian's Names				Email	
Address		Phone # (Contact 1)		Phone # (Contact 2)	
PARTICIPANTS NAME		GRADE	ANY KNOWN MEDICAL CONDITION	M/F	COST
Please circle basketball jersey size (\$23) – YS YM YL S M L XL		I am interested in coaching or helping with basketball. (Please list grade of activity & name below)			

**Waiver or Release of Liability:** I hereby certify that my child is in normal health and capable of safe participation in the City of Sibley Recreation Program. I assume all risks and hazards incidental to the conduct of the Recreation Department programs, and I agree not to hold the City of Sibley, the Recreation Department, employees, volunteers, and sponsors responsible for any injury that may occur during the participation of Sibley Recreation Programs. I hereby authorize the Sibley Recreation Department to obtain medical treatment, for my child, in the event that the parent/guardian or emergency contact cannot be reached. I affirm that I am voluntarily allowing my child to participate in the City of Sibley Recreation Programs and acknowledge that there are inherent risks in participating that cannot be eliminated even when the greatest care is taken. I know, understand, and appreciate these inherent risks. I also grant permission to have photos/videos taken of my child during recreation events which may be posted on Sibley Rec social media sites and newspapers. **I give permission to keep this signature on file for all future program registrations.**

X \_\_\_\_\_  
(Signature of parent/guardian)

5<sup>th</sup> Quarter Donations \$ \_\_\_\_\_

-----Cut & Return to Rec Department-----

### Dodgeball in the Dark

COED GRADES 2<sup>nd</sup> – 6<sup>th</sup>  
Dodgeball will be played in the dark with glow balls and glow sticks!

**FEE:** \$5  
**DAYS/DATES:** Tuesday, January 3  
**TIME(S):** 1:00 – 2:15PM  
**LOCATION:** Sibley Legion Hall

### Thanksgiving Snack & Craft Class

COED GRADES 2<sup>nd</sup> – 6<sup>th</sup>  
Participants will make Thanksgiving themed snacks & crafts that could be recreated for a Thanksgiving gathering.

**FEE:** \$10  
**DAY/DATE:** Wednesday, November 16  
**TIME:** 2:45 – 3:45PM  
**LOCATION:** Sibley Legion Hall  
**DEADLINE:** November 9, 2022 (Max 12 participants)

### 5<sup>th</sup> Quarter

**3 Adult volunteers are needed each night of 5<sup>th</sup> quarter. It may be cancelled if there are not enough volunteers.**

**DAYS/DATES:** Fridays 9:30-11pm  
5<sup>th</sup> & 6<sup>th</sup>: December 2, January 6  
7<sup>th</sup> & 8<sup>th</sup>: December 16, January 20

**LOCATION:** Sibley Legion Hall

### Ways to Register

- Please fill out this form or the online form
- Return form & payment to City of Sibley, S-O Elementary, Middle School or Park & Rec Director
- Mail or drop off at the City of Sibley  
121 9<sup>th</sup> Street PO Box 126 Sibley, IA 51249
- Sibley Parks & Rec Director – Sara Berndgen  
712-754-2330 or 712-720-7005  
sibley.rec@gmail.com
- **\$5 late fee applies after the deadline**
- **No refunds will be made after the first week** unless the program has been cancelled.

### Halloween Candy Dash

**Ages 3-10**  
Join us for the 4<sup>th</sup> Annual Halloween Candy Dash for kids ages 3-10! The Candy Dash will consist of .75 mile dash outside with goodies along the route thanks to our sponsors. Candy dashers are encouraged to wear their Halloween costumes for a chance to win prizes. Parents are welcome to join for free. All dashers will take off at 6PM.

**FEE:** \$5 per participant  
**DATE/TIME:** Thursday, October 27 @ 6PM  
**LOCATION:** Check in at S-O Elem Gym  
**DEADLINE:** Friday, October 21