

Sibley Parks & Recreation

Adult Co-ed Volleyball League

Registration deadline is February 20, 2025

- League dates - Thursdays, March 6 - April 3
Tournament date - April 3
7:00 - 9:00 PM (A schedule will be sent out prior to the first night.)
Location: Sibley-Ocheyedan Elementary Gym
Sign up as a team of 6 or as an individual.
Individuals are welcome to sign up and a team will be formed with those registered. If there is not enough for a team you will be refunded your registration.
The Team Captain will be responsible for contacting your team members with the schedule and any cancellations.
Registration fee is \$75 per team
Individual registration fee is \$15
All registration fees must be submitted by the first night of volleyball.

Team Name \_\_\_\_\_
Captains Phone # \_\_\_\_\_

Team Captain \_\_\_\_\_
Email Address \_\_\_\_\_

Print Name Signature
1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

I hereby certify that the above signature is my given consent to participate in the Sibley Parks & Rec Co-ed Volleyball League. I assume all risks and hazards incidental to the conduct of the Sibley Parks & Rec program, and I agree not to hold the City of Sibley, the Parks & Rec department, staff, or volunteers liable in case of accident or injury.

## **Sibley Parks & Recreation**

### **Adult Co-ed Volleyball League**

- Thursday nights: March 6 - April 3
- April 3 will be played as a tournament. You are not required to participate in the tournament.
- There will be two courts playing with 40 minute time slots each night.
- Play as many games to 25 points rally scoring with potentially playing the last one to 15 points as time allows. Switch sides after each game.
- If there is a tie when the clock goes off you may play to the nearest 15 or 25 points.
- Teams must keep track of their own points as they serve back and forth.
- Keep track of the overall winner between the two teams and it will be recorded each night in preparation for the tournament.
- Play fairly and be honest on net calls. If you touch the net, you are in the net, or under the middle line, it is the other team's ball and point.
- Alternate guy, girl as best as possible.
- There must be no more than 3 guys on the court at one time.
- The ball is dead if it hits the wall, basketball hoop, bleachers, ball cart etc. by your teammate. It may not be played. You may play the ball off the ceiling or hoop when it is up only.
- On a serve, if the ball hits the ceiling or the main basketball hoop (when it is up) it is the other team's point and ball.
- On a serve, if the ball hits the back basketball hoop it is considered out and it is the other team's point and ball. (The serve is too high and would have been out of bounds.)
- If the main east/west hoops happen to be broken or down and the ball hits them, it will be a replay.
- If you are unsure on a call - replay. Play fairly and have fun!
- The out of bounds is the green line on the sides and the first white on the back of the court.
- If you are unable to attend an evening, you must find subs for your team, or find another team to fill in.