

# Sibley Parks & Recreation Department

## 2025 Fall Recreation Guide

[www.sibleyiowa.net/pages/parks-recreation](http://www.sibleyiowa.net/pages/parks-recreation)



### 1<sup>st</sup>-2<sup>nd</sup> volleyball

#### COED GRADES 1<sup>ST</sup> & 2<sup>ND</sup>

The volleyball program for 1<sup>st</sup> and 2<sup>nd</sup> graders will teach the fundamentals of the game. They will learn and develop their skills of the game through drills and other activities.

**Volunteer coaches needed.**

**FEE:** \$30  
**DAYS/DATES:** Mondays AND Thursdays  
September 8 – October 2  
**TIME(S):** 3:30 – 4:15PM  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** September 5, 2025

### 5<sup>th</sup> volleyball

#### GIRLS GRADES 5<sup>TH</sup>

The volleyball program for 5<sup>th</sup> graders will teach the fundamentals of the game and develop more game play. There will be league games on Saturdays to help the girls gain more experience. The orange and black jerseys will be worn for all games. Jerseys may be purchased for \$12 thanks to our many sponsors. You do not need to purchase another jersey if you have one from last year.

**FEE:** \$40 + \$12 Jersey = \$52  
**DAYS/DATES:** Mondays & Thursdays  
August 25 – October 2  
**TIME(S):** 5:00 – 6:00PM  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** August 27, 2025

### 3<sup>rd</sup>-4<sup>th</sup> volleyball

#### GIRLS GRADES 3<sup>RD</sup> & 4<sup>TH</sup>

The volleyball program for 3<sup>rd</sup> & 4<sup>th</sup> graders will teach the fundamentals of the game and begin to develop game like situations. They will learn and develop their skills of the game.

**FEE:** \$30  
**DAYS/DATES:** Mondays AND Thursdays  
September 8 – October 2  
**TIME(S):** 6:00 – 7:00PM  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** September 5, 2025

### 6<sup>th</sup> volleyball

#### GIRLS GRADES 6<sup>TH</sup>

The volleyball program for 6<sup>th</sup> graders will teach the fundamentals of the game and develop more game play. There will be league games on Saturdays to help the girls gain more experience. The orange and black jerseys will be worn for all games. Jerseys may be purchased for \$12 thanks to our many sponsors. You do not need to purchase another jersey if you have one from last year.

**FEE:** \$40 + \$12 Jersey = \$52  
**DAYS/DATES:** Wednesday 2:15 – 4PM &  
Thursdays 6:30 -7:30PM  
August 27 – October 3  
**LOCATION:** S-O Elementary Gym  
**DEADLINE:** August 27, 2025

### Gaga Ball

#### COED GRADES 3<sup>RD</sup> - 6<sup>TH</sup>

Gaga ball is played like dodgeball but below the knee. It's a fun game for all ages. All elementary participants may meet in the gym first and everyone will walk over to the park together. Middle school students can meet us at the park. Please pick up your child at the park after. Another session may be added depending on participation numbers.

**FEE:** \$20  
**DAYS/DATES:** Wednesdays  
September 3 - 24  
**TIME(S):** 2:15PM – 3:00PM  
**LOCATION:** Central Park  
**DEADLINE:** September 2, 2025

### 1<sup>st</sup>-3<sup>rd</sup> Flag Football

#### COED GRADES 1<sup>ST</sup> – 3<sup>RD</sup>

All participants will learn the basics of the game of football through drills and game play. A scrimmage may be played with an area town. Jerseys are optional but may be worn for any scrimmages.

**FEE:** \$35  
**DAYS/DATES:** Tuesdays & Thursdays  
September 2 – October 2  
**TIME(S):** 6:15 – 7:00PM  
**LOCATION:** Soccer fields west of fairgrounds  
**DEADLINE:** August 29, 2025

Parent's/Guardian's Name				Email	
Address		Phone Contact 1		Phone Contact 2	
PARTICIPANTS NAME	GRADE	ANY KNOWN MEDICAL CONDITION	M/F	ACTIVITY	COST
Please circle jersey size \$12 - YS YM YL YXL S M L XL		I am interested in coaching an activity or volunteering for 5 <sup>th</sup> Quarter. (Please list activity & name below)			

**Waiver or Release of Liability:** I hereby certify that my child is in normal health and capable of safe participation in the City of Sibley Recreation Program. I assume all risks and hazards incidental to the conduct of the Recreation Department programs, and I agree not to hold the City of Sibley, the Recreation Department, employees, volunteers, and sponsors responsible for any injury that may occur during the participation of Sibley Recreation Programs. I hereby authorize the Sibley Recreation Department to obtain medical treatment, for my child, in the event that the parent/guardian or emergency contact cannot be reached. I affirm that I am voluntarily allowing my child to participate in the City of Sibley Recreation Programs and acknowledge that there are inherent risks in participating that cannot be eliminated even when the greatest care is taken. I know, understand, and appreciate these inherent risks. I also grant permission to have photos/videos taken of my child during recreation events which may be posted on Sibley Rec social media sites and newspapers. **I give permission to keep this signature on file for all future program registrations.**

X \_\_\_\_\_  
(Signature of parent/guardian)

5<sup>th</sup> Quarter Donations \$ \_\_\_\_\_

-----Cut & Return to Rec Department-----

## Kickball

### COED GRADES 3RD - 6TH

It's time for some kickball! There are many ways to play kickball, and we will explore a couple of them. All elementary participants may meet in the gym first and everyone will walk over to the park together. Middle school students can meet us at the park. Please pick up your child at the park after.

**FEE:** \$20  
**DAYS/DATES:** Wednesdays  
October 1 - 22  
**TIME(S):** 2:15PM – 3:00PM  
**LOCATION:** Brian Seivert Memorial Field @ Central Park  
**DEADLINE:** September 26, 2025

## Ways to Register

- Please fill out this form or the online form
- Return form & payment to City of Sibley, Park & Rec Director, S-O Elementary or Middle School
- Sibley Parks & Rec Director – Sara Berndgen  
Office - 712-754-2330  
Work Cell – 712-720-7005  
[sibley.rec@gmail.com](mailto:sibley.rec@gmail.com)
- Mail or drop off at the City of Sibley  
121 9<sup>th</sup> Street P.O. Box 126 Sibley, IA 51249
- **\$5 late fee applies per program after the deadline.**
- **No refunds will be made after the first week unless the program has been cancelled.**

## 5<sup>th</sup> Quarter

### COED GRADES 5<sup>th</sup>-6<sup>th</sup> & 7<sup>th</sup>-8<sup>th</sup>

Middle school students are welcome to come to the Legion Hall for food and games after the listed Friday night home football and basketball games for free. Students are required to sign in and adhere to the guidelines.

**3-4 Adult volunteers are needed each night of 5<sup>th</sup> quarter. It may be canceled if there are not enough volunteers.**

**DAYS/DATES:** Fridays **9:30 -11:00PM**  
5<sup>th</sup> & 6<sup>th</sup>: Sept. 5, Oct. 3, Dec. 5  
7<sup>th</sup> & 8<sup>th</sup>: Sept. 19, Oct. 17, Jan. 9  
**LOCATION:** Sibley Legion Hall

## Halloween Candy Dash

The Halloween Candy Dash will be held again on Thursday, October 30 at 6PM! Hosted by Sibley Chamber & Sibley Parks & Recreation. Be on the lookout for registration information!

## Youth Activity Assistance

We want to give all students the opportunity to participate in recreation activities. Funding is available to help families pay for youth activity fees through Upper Des Moines Opportunity, Inc.  
712-754-2573