

Sibley Parks & Recreation Department

2026 Fall Recreation Guide

www.sibleyiowa.net/pages/parks-recreation



1st-2nd volleyball

COED GRADES 1ST & 2ND

The volleyball program for 1st and 2nd graders will teach the fundamentals of the game. They will learn and develop their skills in the game through drills and other activities.

FEE: \$30
DAYS/DATES: Mondays AND Thursdays
September 10 – October 1
TIME(S): 3:30 – 4:15PM
LOCATION: S-O Elementary Gym
DEADLINE: September 4, 2026

5th volleyball

GIRLS GRADES 5TH

The volleyball program for 5th graders will teach the fundamentals of the game and develop more game play. There will be league games on Saturdays to help the girls gain more experience. The orange and black jerseys will be worn for all games. Jerseys may be purchased for \$12 thanks to our many sponsors. You do not need to purchase another jersey if you have one from last year.

FEE: \$40 + \$12 Jersey = \$52
DAYS/DATES: Mondays & Thursdays
August 24 – October 3
TIME(S): 6:00 – 7:00PM
LOCATION: S-O Elementary Gym
DEADLINE: August 24, 2026

3rd-4th volleyball

GIRLS GRADES 3RD & 4TH

The volleyball program for 3rd & 4th graders will teach the fundamentals of the game and begin to develop game like situations. They will learn and develop their skills in the game.

FEE: \$30
DAYS/DATES: Mondays AND Thursdays
September 10 – October 1
TIME(S): 4:15 – 5:00PM
LOCATION: S-O Elementary Gym
DEADLINE: September 4, 2026

6th volleyball

GIRLS GRADES 6TH

The volleyball program for 6th graders will teach the fundamentals of the game and develop more game play. There will be league games on Saturdays to help the girls gain more experience. The orange and black jerseys will be worn for all games. Jerseys may be purchased for \$12 thanks to our many sponsors. You do not need to purchase another jersey if you have one from last year.

FEE: \$40 + \$12 Jersey = \$52
DAYS/DATES: Mondays & Thursdays
August 24 – October 3
5:00 – 6:00PM
LOCATION: S-O Elementary Gym
DEADLINE: August 24, 2026

Gaga Ball

COED GRADES 3RD - 6TH

Gaga ball is played like dodgeball but below the knee. It's a fun game for all ages. All elementary participants may meet in the gym first and everyone will walk over to the park together. Middle school students can meet us at the park. Please pick up your child at the park after. Another session may be added depending on participation numbers.

FEE: \$15
DAYS/DATES: Wednesdays
September 9, 16, 23
TIME(S): 2:05PM – 2:45PM
LOCATION: Central Park
DEADLINE: September 4, 2026

1st-3rd Flag Football

COED GRADES 1ST – 3RD

All participants will learn the basics of the game of football through drills and game play. A scrimmage may be played with an area town. Jerseys are optional but may be worn for any scrimmages.

FEE: \$35
DAYS/DATES: Tuesdays & Thursdays
September 1 – October 1
TIME(S): 6:15 – 7:00PM
LOCATION: Soccer fields west of fairgrounds
DEADLINE: August 28, 2026

Parent's/Guardian's Name				Email	
Address		Phone Contact 1		Phone Contact 2	
PARTICIPANTS NAME	GRADE	ANY KNOWN MEDICAL CONDITION	M/F	ACTIVITY	COST
Please circle jersey size \$12 - YS YM YL YXL S M L XL		I am interested in coaching an activity or volunteering for 5 th Quarter. (Please list activity & name below)			

Waiver or Release of Liability: I hereby certify that my child is in normal health and capable of safe participation in the City of Sibley Recreation Program. I assume all risks and hazards incidental to the conduct of the Recreation Department programs, and I agree not to hold the City of Sibley, the Recreation Department, employees, volunteers, and sponsors responsible for any injury that may occur during the participation of Sibley Recreation Programs. I hereby authorize the Sibley Recreation Department to obtain medical treatment, for my child, in the event that the parent/guardian or emergency contact cannot be reached. I affirm that I am voluntarily allowing my child to participate in the City of Sibley Recreation Programs and acknowledge that there are inherent risks in participating that cannot be eliminated even when the greatest care is taken. I know, understand, and appreciate these inherent risks. I also grant permission to have photos/videos taken of my child during recreation events which may be posted on Sibley Rec social media sites and newspapers. **I give permission to keep this signature on file for all future program registrations.**

X _____
(Signature of parent/guardian)

5th Quarter Donations \$ _____

-----Cut & Return to Rec Department-----

Kickball

COED GRADES 3RD - 6TH

It's time for some kickball! There are many ways to play kickball, and we will explore a couple of them. All elementary participants may meet in the gym first and everyone will walk over to the park together. Middle school students can meet us at the park. Please pick up your child at the park after.

FEE: \$15
DAYS/DATES: Wednesdays
September 30, October 7, 14
TIME(S): 2:05PM – 2:45PM
LOCATION: Brian Seivert Memorial Field @ Central Park
DEADLINE: September 25, 2026

5th Quarter

COED GRADES 5th-6th & 7th-8th

Middle school students will have the opportunity to attend 5th Quarter during football and basketball season. This event is free for kids to attend. There will be food and games after the listed Friday night home games. Students are required to sign in and adhere to the guidelines.

3-4 Adult volunteers are needed each night of 5th quarter. It may be canceled if there are not enough volunteers.

DAYS/DATES: Fridays **9:30PM - 11:00PM**
5th & 6th: September 11 & January 15
7th & 8th: September 25 & January 22
LOCATION: Sibley Legion Hall

Ways to Register

- Please fill out this form or the online form
- Return form & payment to City of Sibley, Park & Rec Director, S-O Elementary or Middle School
- Sibley Parks & Rec Director – Sara Berndgen
Office - 712-754-2330
Work Cell – 712-720-7005
sibley.rec@gmail.com
- Mail or drop off at the City of Sibley
121 9th Street P.O. Box 126 Sibley, IA 51249
- **\$5 late fee applies per program after the deadline.**
- **No refunds will be made after the first week unless the program has been cancelled.**

Halloween Candy Dash

The Halloween Candy Dash will be held again on Thursday, October 29 at 6PM for ages 3-10! Hosted by Sibley Chamber & Sibley Parks & Recreation. Be on the lookout for registration

Youth Activity Assistance

We want to give all students the opportunity to participate in recreation activities. Funding is available to help families pay for youth activity fees through Upper Des Moines Opportunity, Inc. 712-754-2573